

**2023 Girl's 3AA Section Swim & Dive Championship**  
**Meet Program - Swimming Finals**

**Event 1 Girls 200 Yard Medley Relay****3AA Record: 1:47.31 11/13/2015 Eagan****L Mitchell, D Voss, J Joerger, O Mitchell****2022 Champ: 1:50.94 11/11/2022 Hastings****A Stewart, A McNamara, J Larson, C Birken****1:51.25 AA State Qualifying**

| Lane          | Team                    | Relay                   | Prelims                   | Finals                    | Place |
|---------------|-------------------------|-------------------------|---------------------------|---------------------------|-------|
| <b>Heat 1</b> | <b>A - Final</b>        |                         |                           |                           |       |
| 1             | Burnsville              |                         | 2:07.13                   | _____                     | _____ |
|               | 1) Bachmeier, Lauren 11 | 2) Vatafu, Liv 9        | 3) Cardenas, Minerva 11   | 4) Brown, Jules 11        |       |
|               | 5) Dunn, Sloane 8       | 6) Cruz, Amanda 12      | 7) Christman, Abby 9      | 8) Noble, Madeline 8      |       |
| 2             | Eastview                |                         | 2:02.97                   | _____                     | _____ |
|               | 1) Stirratt, Grace 11   | 2) Patterson, Emma 11   | 3) Anderson, Frances 9    | 4) Montesinos, Marissa 11 |       |
|               | 5) Birmingham, Aimee 10 | 6) Lindgren, Madalyn 11 | 7) Bushard, Stella 11     | 8) Churness, Kaia 11      |       |
| 3             | Two Rivers              |                         | 1:53.92                   | _____                     | _____ |
|               | 1) Hill, Eden 11        | 2) Appleton, Ava 12     | 3) Auran, Maggie 12       | 4) Vogen, Charlotte 11    |       |
|               | 5) Drehmel, Stella 12   | 6) Vogen, Willa 11      | 7) Berg, Chessa 10        | 8) Walsh, Carys 12        |       |
| 4             | Rosemount               |                         | 1:52.54                   | _____                     | _____ |
|               | 1) Le, An 11            | 2) George, Isla 10      | 3) Hoffman, Kallen 11     | 4) Swenson, Ashley 12     |       |
|               | 5) Arlandson, Annika 10 | 6) Labno, Amelia 12     | 7) Dolan, Olivia 12       | 8) Pavek, Addison 11      |       |
| 5             | Hastings                |                         | 1:52.77                   | _____                     | _____ |
|               | 1) Aarness, Kira 11     | 2) Birken, Clara 12     | 3) Dehmlow, Emma 8        | 4) Green, Izzy 11         |       |
|               | 5) Jenkins, Lauren 12   | 6) Larson, Josey 11     | 7) Salzman, Lila 9        | 8) Stewart, Ashtyn 12     |       |
| 6             | Apple Valley            |                         | 2:00.37                   | _____                     | _____ |
|               | 1) Fowler, Caroline 9   | 2) Marcott, Gwen 12     | 3) Marcott, Greta 10      | 4) Wiegrefe, Ruby 10      |       |
|               | 5) Werdick, Lucy 9      | 6) Rudashevsky, Leah 8  | 7) Rutherford, Madison 10 | 8) Schowalter, Lyric 10   |       |
| 7             | Park                    |                         | 2:04.53                   | _____                     | _____ |
|               | 1) Pfeiffer, Zoe 11     | 2) LeMay, Afton 12      | 3) Faletti, Alayna 11     | 4) Norgaard, Amber 12     |       |
|               | 5) Rowan, Danika 10     | 6) Imdieke, Ellie 11    | 7) Sahli, Evelyn 7        | 8) Morris, Lilianna 12    |       |
| 8             | Eagan                   |                         | 2:08.38                   | _____                     | _____ |
|               | 1) Kindseth, Claire 11  | 2) Teigland, Kate 10    | 3) Gatti, Teresa 12       | 4) Haque, Zaara 11        |       |
|               | 5) Le, Tara 12          | 6) Chartier, Malaya 9   | 7) Luker, Alison 11       | 8) Wall, Megan 12         |       |

**2023 Girl's 3AA Section Swim & Dive Championship**  
**Meet Program - Swimming Finals**

**Event 2 Girls 200 Yard Freestyle****3AA Record: 1:51.31 11/11/2009 Kiera Janzen****2022 Champ: 1:55.36 11/11/2022 Emma Wood****1:55.90 AA State Qualifying****CDH****East Ridge**

| <b>Lane</b>             | <b>Name</b>      | <b>Year</b> | <b>School</b> | <b>Prelims</b> | <b>Finals</b> | <b>Place</b> |
|-------------------------|------------------|-------------|---------------|----------------|---------------|--------------|
| <b>Heat 1 B - Final</b> |                  |             |               |                |               |              |
| 1                       | Berg, Chessa     | 10          | Two Rivers    | 2:12.22        | _____         | _____        |
| 2                       | Peitersen, Keira | 11          | Eastview      | 2:11.15        | _____         | _____        |
| 3                       | Kondes, Taylor   | 12          | Apple Valley  | 2:06.32        | _____         | _____        |
| 4                       | Fox, Riley       | 12          | Rosemount     | 2:05.75        | _____         | _____        |
| 5                       | Vogen, Molly     | 10          | Eastview      | 2:05.82        | _____         | _____        |
| 6                       | Gordon, Amanda   | 11          | Eagan         | 2:09.61        | _____         | _____        |
| 7                       | Schmidt, Bailey  | 12          | Eagan         | 2:11.46        | _____         | _____        |
| 8                       | Imdieke, Ellie   | 11          | Park          | 2:12.31        | _____         | _____        |
| <b>Heat 2 A - Final</b> |                  |             |               |                |               |              |
| 1                       | Norgaard, Amber  | 12          | Park          | 2:01.28        | _____         | _____        |
| 2                       | Sisson, Lily     | 10          | Eastview      | 1:59.96        | _____         | _____        |
| 3                       | Pearson, Julia   | 12          | Rosemount     | 1:58.36        | _____         | _____        |
| 4                       | George, Isla     | 10          | Rosemount     | 1:57.45        | _____         | _____        |
| 5                       | Jahn, Elyse      | 12          | Two Rivers    | 1:58.36        | _____         | _____        |
| 6                       | Jennen, Madi     | 9           | Rosemount     | 1:58.51        | _____         | _____        |
| 7                       | Wall, Megan      | 12          | Eagan         | 1:59.99        | _____         | _____        |
| 8                       | Wentzel, Maddie  | 9           | Eastview      | 2:05.01        | _____         | _____        |

**2023 Girl's 3AA Section Swim & Dive Championship**  
**Meet Program - Swimming Finals**

**Event 3 Girls 200 Yard IM**

**3AA Record:** 2:04.52 11/9/2018 Jenna Joerger  
**2022 Champ:** 2:11.02 11/11/2022 Stella Bushard  
 2:11.33 AA State Qualifying

**Eagan**  
**Eastview**

| Lane                    | Name              | Year | School       | Prelims    | Finals | Place |
|-------------------------|-------------------|------|--------------|------------|--------|-------|
| <b>Heat 1 B - Final</b> |                   |      |              |            |        |       |
| 1                       | Chartier, Malaya  | 9    | Eagan        | 2:28.09    | _____  | _____ |
| 2                       | Villa, Samantha   | 12   | Two Rivers   | 2:25.83    | _____  | _____ |
| 3                       | Anderson, Frances | 9    | Eastview     | 2:20.40    | _____  | _____ |
| 4                       | Lindgren, Madalyn | 11   | Eastview     | 2:18.59    | _____  | _____ |
| 5                       | Appleton, Ava     | 12   | Two Rivers   | 2:20.13    | _____  | _____ |
| 6                       | Kindseth, Claire  | 11   | Eagan        | 2:21.08    | _____  | _____ |
| 7                       | Tyler, Gretchen   | 11   | Rosemount    | 2:26.29    | _____  | _____ |
| 8                       | Fowler, Caroline  | 9    | Apple Valley | 2:28.96    | _____  | _____ |
| <b>Heat 2 A - Final</b> |                   |      |              |            |        |       |
| 1                       | Jenkins, Lauren   | 12   | Hastings     | 2:16.53    | _____  | _____ |
| 2                       | Arlandson, Annika | 10   | Rosemount    | 2:13.57    | _____  | _____ |
| 3                       | Auran, Maggie     | 12   | Two Rivers   | 2:11.32 AA | _____  | _____ |
| 4                       | Aarness, Kira     | 11   | Hastings     | 2:09.87 AA | _____  | _____ |
| 5                       | Dolan, Olivia     | 12   | Rosemount    | 2:10.56 AA | _____  | _____ |
| 6                       | Bushard, Stella   | 11   | Eastview     | 2:12.09    | _____  | _____ |
| 7                       | Kovalenko, Sofia  | 9    | Hastings     | 2:15.40    | _____  | _____ |
| 8                       | Gatti, Teresa     | 12   | Eagan        | 2:17.30    | _____  | _____ |

**2023 Girl's 3AA Section Swim & Dive Championship**  
**Meet Program - Swimming Finals**

**Event 4 Girls 50 Yard Freestyle**

**3AA Record:** 23.58 11/10/2006 Kelsey Gergen  
**2022 Champ:** 24.76 11/11/2022 Greta Marcott  
 24.44 AA State Qualifying

**Hastings**  
**Apple Valley**

| Lane                    | Name              | Year | School       | Prelims | Finals | Place |
|-------------------------|-------------------|------|--------------|---------|--------|-------|
| <b>Heat 1 B - Final</b> |                   |      |              |         |        |       |
| 1                       | Dahl, Amelia      | 11   | Apple Valley | 27.09   | _____  | _____ |
| 2                       | Olinger, Olivia   | 12   | Rosemount    | 26.60   | _____  | _____ |
| 3                       | Patterson, Emma   | 11   | Eastview     | 26.52   | _____  | _____ |
| 4                       | Hoffman, Kallen   | 11   | Rosemount    | 26.00   | _____  | _____ |
| 5                       | Dehmlow, Emma     | 8    | Hastings     | 26.24   | _____  | _____ |
| 6                       | Vatafu, Liv       | 9    | Burnsville   | 26.57   | _____  | _____ |
| 7                       | Lebo, Kate        | 9    | Eagan        | 27.08   | _____  | _____ |
| 8                       | Walsh, Carys      | 12   | Two Rivers   | 27.15   | _____  | _____ |
| <b>Heat 2 A - Final</b> |                   |      |              |         |        |       |
| 1                       | Swenson, Ashley   | 12   | Rosemount    | 25.69   | _____  | _____ |
| 2                       | Vogen, Charlotte  | 11   | Two Rivers   | 25.58   | _____  | _____ |
| 3                       | Salzman, Lila     | 9    | Hastings     | 25.00   | _____  | _____ |
| 4                       | Marcott, Greta    | 10   | Apple Valley | 24.13   | AA     | _____ |
| 5                       | Labno, Amelia     | 12   | Rosemount    | 24.99   | _____  | _____ |
| 6                       | Birmingham, Aimee | 10   | Eastview     | 25.33   | _____  | _____ |
| 7                       | Churness, Kaia    | 11   | Eastview     | 25.59   | _____  | _____ |
| 8                       | Bachmeier, Lauren | 11   | Burnsville   | 25.83   | _____  | _____ |

**2023 Girl's 3AA Section Swim & Dive Championship**  
**Meet Program - Swimming Finals**

**Event 6 Girls 100 Yard Butterfly**

**3AA Record:** 55.54 11/11/2022 Ava McMamara

**2022 Champ:** 55.54 11/11/2022 Ava McNamara

58.67 AA State Qualifying

**Hastings**

**Hastings**

| Lane                    | Name             | Year | School       | Prelims | Finals | Place |
|-------------------------|------------------|------|--------------|---------|--------|-------|
| <b>Heat 1 B - Final</b> |                  |      |              |         |        |       |
| 1                       | Chartier, Malaya | 9    | Eagan        | 1:08.88 | _____  | _____ |
| 2                       | Berg, Chessa     | 10   | Two Rivers   | 1:08.04 | _____  | _____ |
| 3                       | Padilla, Zasha   | 12   | Eagan        | 1:07.54 | _____  | _____ |
| 4                       | Faletti, Alayna  | 11   | Park         | 1:04.21 | _____  | _____ |
| 5                       | Villa, Samantha  | 12   | Two Rivers   | 1:05.26 | _____  | _____ |
| 6                       | Werdick, Lucy    | 9    | Apple Valley | 1:08.00 | _____  | _____ |
| 7                       | Sadlak, Sydney   | 11   | Eastview     | 1:08.68 | _____  | _____ |
| 8                       | Noble, Madeline  | 8    | Burnsville   | 1:09.86 | _____  | _____ |
| <b>Heat 2 A - Final</b> |                  |      |              |         |        |       |
| 1                       | Stirratt, Grace  | 11   | Eastview     | 1:03.61 | _____  | _____ |
| 2                       | Marcott, Gwen    | 12   | Apple Valley | 1:02.70 | _____  | _____ |
| 3                       | Larson, Josey    | 11   | Hastings     | 1:01.65 | _____  | _____ |
| 4                       | Pavek, Addison   | 11   | Rosemount    | 59.70   | _____  | _____ |
| 5                       | Kovalenko, Sofia | 9    | Hastings     | 59.92   | _____  | _____ |
| 6                       | Green, Izzy      | 11   | Hastings     | 1:02.53 | _____  | _____ |
| 7                       | Gatti, Teresa    | 12   | Eagan        | 1:03.16 | _____  | _____ |
| 8                       | Rucci, Katie     | 10   | Rosemount    | 1:03.97 | _____  | _____ |

**2023 Girl's 3AA Section Swim & Dive Championship**  
**Meet Program - Swimming Finals**

**Event 7 Girls 100 Yard Freestyle**

**3AA Record:** 51.69 11/1/1998 Jennifer Riggs  
**2022 Champ:** 53.34 11/11/2022 Gwen Moore  
 53.73 AA State Qualifying

**Apple Valley**  
**Rosemount**

| Lane                    | Name              | Year | School       | Prelims | Finals | Place |
|-------------------------|-------------------|------|--------------|---------|--------|-------|
| <b>Heat 1 B - Final</b> |                   |      |              |         |        |       |
| 1                       | Dahl, Amelia      | 11   | Apple Valley | 59.29   | _____  | _____ |
| 2                       | Kondes, Taylor    | 12   | Apple Valley | 58.45   | _____  | _____ |
| 3                       | Vogen, Molly      | 10   | Eastview     | 56.89   | _____  | _____ |
| 4                       | Bachmeier, Lauren | 11   | Burnsville   | 55.92   | _____  | _____ |
| 5                       | Churness, Kaia    | 11   | Eastview     | 56.63   | _____  | _____ |
| 6                       | Hoffman, Kallen   | 11   | Rosemount    | 57.55   | _____  | _____ |
| 7                       | Olinger, Olivia   | 12   | Rosemount    | 58.80   | _____  | _____ |
| 8                       | Luker, Alison     | 11   | Eagan        | 59.37   | _____  | _____ |
| <b>Heat 2 A - Final</b> |                   |      |              |         |        |       |
| 1                       | Salzman, Lila     | 9    | Hastings     | 55.53   | _____  | _____ |
| 2                       | Wall, Megan       | 12   | Eagan        | 54.86   | _____  | _____ |
| 3                       | Aarness, Kira     | 11   | Hastings     | 54.16   | _____  | _____ |
| 4                       | Marcott, Greta    | 10   | Apple Valley | 52.80   | AA     | _____ |
| 5                       | Arlandson, Annika | 10   | Rosemount    | 52.89   | AA     | _____ |
| 6                       | Hill, Eden        | 11   | Two Rivers   | 54.79   | _____  | _____ |
| 7                       | Swenson, Ashley   | 12   | Rosemount    | 55.38   | _____  | _____ |
| 8                       | Vogen, Charlotte  | 11   | Two Rivers   | 55.64   | _____  | _____ |

**2023 Girl's 3AA Section Swim & Dive Championship**  
**Meet Program - Swimming Finals**

**Event 8 Girls 500 Yard Freestyle****3AA Record: 4:58.44 11/12/2008 Kiera Janzen****2022 Champ: 5:10.15 11/11/2022 Emma Wood****5:11.29 AA State Qualifying****CDH****East Ridge**

| <b>Lane</b>             | <b>Name</b>        | <b>Year</b> | <b>School</b> | <b>Prelims</b> | <b>Finals</b> | <b>Place</b> |
|-------------------------|--------------------|-------------|---------------|----------------|---------------|--------------|
| <b>Heat 1 B - Final</b> |                    |             |               |                |               |              |
| 1                       | Gordon, Amanda     | 11          | Eagan         | 5:49.99        | _____         | _____        |
| 2                       | Wiegrefe, Ruby     | 10          | Apple Valley  | 5:42.94        | _____         | _____        |
| 3                       | Vatafu, Liv        | 9           | Burnsville    | 5:34.96        | _____         | _____        |
| 4                       | Norgaard, Amber    | 12          | Park          | 5:29.00        | _____         | _____        |
| 5                       | Kindseth, Claire   | 11          | Eagan         | 5:30.54        | _____         | _____        |
| 6                       | Green, Izzy        | 11          | Hastings      | 5:41.64        | _____         | _____        |
| 7                       | Sadlak, Maisie     | 10          | Eastview      | 5:48.33        | _____         | _____        |
| 8                       | Michalak, McKenzie | 9           | Rosemount     | 5:51.55        | _____         | _____        |
| <b>Heat 2 A - Final</b> |                    |             |               |                |               |              |
| 1                       | Sisson, Lily       | 10          | Eastview      | 5:22.04        | _____         | _____        |
| 2                       | Bushard, Stella    | 11          | Eastview      | 5:18.09        | _____         | _____        |
| 3                       | Jahn, Elyse        | 12          | Two Rivers    | 5:15.76        | _____         | _____        |
| 4                       | Auran, Maggie      | 12          | Two Rivers    | 5:13.13        | _____         | _____        |
| 5                       | George, Isla       | 10          | Rosemount     | 5:15.09        | _____         | _____        |
| 6                       | Jennen, Madi       | 9           | Rosemount     | 5:16.86        | _____         | _____        |
| 7                       | Pearson, Julia     | 12          | Rosemount     | 5:20.36        | _____         | _____        |
| 8                       | Wentzel, Maddie    | 9           | Eastview      | 5:24.83        | _____         | _____        |

**2023 Girl's 3AA Section Swim & Dive Championship**  
**Meet Program - Swimming Finals**

**Event 9 Girls 200 Yard Freestyle Relay**

**3AA Record:** 1:35.72 11/7/2014 **Rosemount**  
**G Herron, A Wenman, C Hutchins, M Wenman**

**2022 Champ:** 1:39.22 11/11/2022 **East Ridge**  
**M Witikko, L vab der Sman, M Paine, E Wood**

**1:40.74 AA State Qualifying**

| Lane          | Team                     | Relay                   | Prelims                 | Finals                  | Place |
|---------------|--------------------------|-------------------------|-------------------------|-------------------------|-------|
| <b>Heat 1</b> | <b>A - Final</b>         |                         |                         |                         |       |
| 1             | Eagan                    |                         | 1:55.77                 | _____                   | _____ |
|               | 1) Gatti, Teresa 12      | 2) Wall, Megan 12       | 3) Chartier, Malaya 9   | 4) Luker, Alison 11     |       |
|               | 5) Le, Tara 12           | 6) Lebo, Kate 9         | 7) Norman, Lucy 9       | 8) Gordon, Amanda 11    |       |
| 2             | Eastview                 |                         | 1:47.73                 | _____                   | _____ |
|               | 1) Birmingham, Aimee 10  | 2) Sisson, Lily 10      | 3) Bushard, Stella 11   | 4) Vogen, Molly 10      |       |
|               | 5) Patterson, Emma 11    | 6) Lindgren, Madalyn 11 | 7) Peitersen, Keira 11  | 8) Churness, Kaia 11    |       |
| 3             | Apple Valley             |                         | 1:45.97                 | _____                   | _____ |
|               | 1) Kondes, Taylor 12     | 2) Dahl, Amelia 11      | 3) Marcott, Greta 10    | 4) Wiegrefe, Ruby 10    |       |
|               | 5) Rudashevsky, Leah 8   | 6) Werdick, Lucy 9      | 7) Martin, Grace 10     | 8) Marcott, Gwen 12     |       |
| 4             | Hastings                 |                         | 1:45.09                 | _____                   | _____ |
|               | 1) Aarness, Kira 11      | 2) Birken, Clara 12     | 3) Dehmlow, Emma 8      | 4) Green, Izzy 11       |       |
|               | 5) Jenkins, Lauren 12    | 6) Kovalenko, Sofia 9   | 7) Salzman, Lila 9      | 8) Stewart, Ashtyn 12   |       |
| 5             | Rosemount                |                         | 1:45.14                 | _____                   | _____ |
|               | 1) Fox, Riley 12         | 2) George, Isla 10      | 3) Michalak, McKenzie 9 | 4) Arlandson, Annika 10 |       |
|               | 5) Swenson, Ashley 12    | 6) Dolan, Olivia 12     | 7) Labno, Amelia 12     | 8) Hoffman, Kallen 11   |       |
| 6             | Two Rivers               |                         | 1:46.16                 | _____                   | _____ |
|               | 1) Appleton, Ava 12      | 2) Walsh, Carys 12      | 3) Villa, Samantha 12   | 4) Jahn, Elyse 12       |       |
|               | 5) Stiner, Izzy 9        | 6) Berg, Chessa 10      | 7) Albrecht, Sadie 10   | 8) Nelson, Maria 11     |       |
| 7             | Park                     |                         | 1:50.03                 | _____                   | _____ |
|               | 1) LeMay, Afton 12       | 2) Faletti, Alayna 11   | 3) Langness, Ella 8     | 4) Norgaard, Amber 12   |       |
|               | 5) Norgaard, Katelyn 9   | 6) Nybakken, Eraya 9    | 7) Sowada, Kaylynn 9    | 8) Morris, Lilianna 12  |       |
| 8             | Burnsville               |                         | 2:00.23                 | _____                   | _____ |
|               | 1) Bachmeier, Lauren 11  | 2) Brown, Jules 11      | 3) Blons, Bella 8       | 4) Vatafu, Liv 9        |       |
|               | 5) Thoreson, Caroline 10 | 6) Noble, Madeline 8    | 7) Dawson, Cori 12      | 8) Cruz, Amanda 12      |       |

**2023 Girl's 3AA Section Swim & Dive Championship**  
**Meet Program - Swimming Finals**

**Event 10 Girls 100 Yard Backstroke**

**3AA Record:** 55.73 11/10/2017 Lara Mitchell  
**2022 Champ:** 57.96 11/11/2022 Amelia Lanbo  
 59.49 AA State Qualifying

**Eagan**  
**Rosemount**

| Lane                    | Name                | Year | School       | Prelims | Finals | Place |
|-------------------------|---------------------|------|--------------|---------|--------|-------|
| <b>Heat 1 B - Final</b> |                     |      |              |         |        |       |
| 1                       | Padilla, Zasha      | 12   | Eagan        | 1:07.47 | _____  | _____ |
| 2                       | Montesinos, Marissa | 11   | Eastview     | 1:06.97 | _____  | _____ |
| 3                       | Faletti, Alayna     | 11   | Park         | 1:06.31 | _____  | _____ |
| 4                       | Le, An              | 11   | Rosemount    | 1:05.64 | _____  | _____ |
| 5                       | Stirratt, Grace     | 11   | Eastview     | 1:05.92 | _____  | _____ |
| 6                       | Fowler, Caroline    | 9    | Apple Valley | 1:06.66 | _____  | _____ |
| 7                       | Francek, Ellie      | 11   | Rosemount    | 1:07.20 | _____  | _____ |
| 8                       | Teigland, Kate      | 10   | Eagan        | 1:08.68 | _____  | _____ |
| <b>Heat 2 A - Final</b> |                     |      |              |         |        |       |
| 1                       | Dehmlow, Emma       | 8    | Hastings     | 1:04.35 | _____  | _____ |
| 2                       | Jenkins, Lauren     | 12   | Hastings     | 1:03.10 | _____  | _____ |
| 3                       | Hill, Eden          | 11   | Two Rivers   | 1:00.88 | _____  | _____ |
| 4                       | Labno, Amelia       | 12   | Rosemount    | 56.77   | AA     | _____ |
| 5                       | Pavek, Addison      | 11   | Rosemount    | 58.56   | AA     | _____ |
| 6                       | Stewart, Ashtyn     | 12   | Hastings     | 1:01.27 | _____  | _____ |
| 7                       | Birmingham, Aimee   | 10   | Eastview     | 1:04.05 | _____  | _____ |
| 8                       | Larson, Josey       | 11   | Hastings     | 1:05.40 | _____  | _____ |

**2023 Girl's 3AA Section Swim & Dive Championship**  
**Meet Program - Swimming Finals**

**Event 11 Girls 100 Yard Breaststroke**

**3AA Record:** 1:04.01 10/22/2020 Kiera Liesinger  
**2022 Champ:** 1:06.04 11/11/2022 Ava McNamara  
 1:07.80 AA State Qualifying

**Eagan**  
**Hastings**

| Lane                    | Name              | Year | School       | Prelims | Finals   | Place |
|-------------------------|-------------------|------|--------------|---------|----------|-------|
| <b>Heat 1 B - Final</b> |                   |      |              |         |          |       |
| 1                       | Vogen, Willa      | 11   | Two Rivers   | 1:18.90 | _____    | _____ |
| 2                       | Haque, Zaara      | 11   | Eagan        | 1:17.24 | _____    | _____ |
| 3                       | Tyler, Gretchen   | 11   | Rosemount    | 1:15.19 | _____    | _____ |
| 4                       | Marcott, Gwen     | 12   | Apple Valley | 1:14.93 | _____    | _____ |
| 5                       | Patterson, Emma   | 11   | Eastview     | 1:15.12 | _____    | _____ |
| 6                       | Romereim, Clara   | 12   | Rosemount    | 1:16.49 | _____    | _____ |
| 7                       | Ritter, Maddy     | 8    | Hastings     | 1:17.85 | _____    | _____ |
| 8                       | Sahli, Evelyn     | 7    | Park         | 1:19.16 | _____    | _____ |
| <b>Heat 2 A - Final</b> |                   |      |              |         |          |       |
| 1                       | LeMay, Afton      | 12   | Park         | 1:12.79 | _____    | _____ |
| 2                       | Rucci, Katie      | 10   | Rosemount    | 1:12.51 | _____    | _____ |
| 3                       | Lindgren, Madalyn | 11   | Eastview     | 1:10.73 | _____    | _____ |
| 4                       | Dolan, Olivia     | 12   | Rosemount    | 1:06.32 | AA _____ | _____ |
| 5                       | Anderson, Frances | 9    | Eastview     | 1:10.71 | _____    | _____ |
| 6                       | Appleton, Ava     | 12   | Two Rivers   | 1:12.13 | _____    | _____ |
| 7                       | Birken, Clara     | 12   | Hastings     | 1:12.69 | _____    | _____ |
| 8                       | Cruz, Amanda      | 12   | Burnsville   | 1:13.07 | _____    | _____ |

**2023 Girl's 3AA Section Swim & Dive Championship**  
**Meet Program - Swimming Finals**

**Event 12 Girls 400 Yard Freestyle Relay**

**3AA Record:** 3:29.99 11/10/2017 **Rosemount** **Rosemount**  
**M Klein, C Hutchins, M Urkiel, A Wenman**

**2022 Champ:** 3:37.92 11/11/2022 **Rosemount**  
**G Moore, A Swenson, A Arlandson, A Labno**

**3:41.30 AA State Qualifying**

| Lane          | Team                      | Relay                   | Prelims                 | Finals                   | Place |
|---------------|---------------------------|-------------------------|-------------------------|--------------------------|-------|
| <b>Heat 1</b> | <b>A - Final</b>          |                         |                         |                          |       |
| 1             | Park                      |                         | 4:23.07                 | _____                    | _____ |
|               | 1) Langness, Ella 8       | 2) Nybakken, Eraya 9    | 3) Rowan, Danika 10     | 4) Norgaard, Katelyn 9   |       |
|               | 5) Imdieke, Ellie 11      | 6) Sowada, Kaylynn 9    | 7) Sahli, Evelyn 7      | 8) Pfeiffer, Zoe 11      |       |
| 2             | Eastview                  |                         | 3:57.92                 | _____                    | _____ |
|               | 1) Stirratt, Grace 11     | 2) Vogen, Molly 10      | 3) Sisson, Lily 10      | 4) Wentzel, Maddie 9     |       |
|               | 5) Bushard, Stella 11     | 6) Birmingham, Aimee 10 | 7) Peitersen, Keira 11  | 8) Churness, Kaia 11     |       |
| 3             | Eagan                     |                         | 3:53.94                 | _____                    | _____ |
|               | 1) Wall, Megan 12         | 2) Gatti, Teresa 12     | 3) Kindseth, Claire 11  | 4) Le, Tara 12           |       |
|               | 5) Luker, Alison 11       | 6) Chartier, Malaya 9   | 7) Gordon, Amanda 11    | 8) Lebo, Kate 9          |       |
| 4             | Rosemount                 |                         | 3:45.21                 | _____                    | _____ |
|               | 1) Swenson, Ashley 12     | 2) Pearson, Julia 12    | 3) Jennen, Madi 9       | 4) George, Isla 10       |       |
|               | 5) Arlandson, Annika 10   | 6) Labno, Amelia 12     | 7) Pavek, Addison 11    | 8) Fox, Riley 12         |       |
| 5             | Two Rivers                |                         | 3:45.25                 | _____                    | _____ |
|               | 1) Auran, Maggie 12       | 2) Hill, Eden 11        | 3) Jahn, Elyse 12       | 4) Vogen, Charlotte 11   |       |
|               | 5) Nelson, Maria 11       | 6) Villa, Samantha 12   | 7) Stiner, Izzy 9       | 8) Drehmel, Stella 12    |       |
| 6             | Hastings                  |                         | 3:54.43                 | _____                    | _____ |
|               | 1) Aarness, Kira 11       | 2) Dehmlow, Emma 8      | 3) Green, Izzy 11       | 4) Jenkins, Lauren 12    |       |
|               | 5) Kovalenko, Sofia 9     | 6) Larson, Josey 11     | 7) Salzman, Lila 9      | 8) Stewart, Ashtyn 12    |       |
| 7             | Burnsville                |                         | 4:03.86                 | _____                    | _____ |
|               | 1) Bachmeier, Lauren 11   | 2) Brown, Jules 11      | 3) Cardenas, Minerva 11 | 4) Vatafu, Liv 9         |       |
|               | 5) Dawson, Cori 12        | 6) Dunn, Sloane 8       | 7) Noble, Madeline 8    | 8) Thoreson, Caroline 10 |       |
| 8             | Apple Valley              |                         | 4:30.43                 | _____                    | _____ |
|               | 1) Wiegrefe, Ruby 10      | 2) Dahl, Amelia 11      | 3) Fowler, Caroline 9   | 4) Kondes, Taylor 12     |       |
|               | 5) Rutherford, Madison 10 | 6) Schowalter, Lyric 10 | 7) Rudashevsky, Leah 8  | 8) Martin, Grace 10      |       |